

Primary Palliative Care Facilitator's Guide

Module Nine: Care Near the End of Life

55 min

Module at a Glance

This module offers a brief overview of patient and caregivers preferences and needs at end of life with possible interventions. The module also reviews the domains of grief and professional loss.

Learning Objectives

1. Describe what many patients/families want at the end of life
2. Identify common signs and symptoms in the final days of life
3. Recognize religious/spiritual/cultural practices before/after death

Session Materials

- Module 9 PowerPoint
- Slide Projector
- Whiteboard, chalkboard or flipchart

Facilitator Preparation and Tips

- Review the PowerPoint and PowerPoint notes ahead of the session
- Pace 55-minute session carefully, adapt exercises as needed.
- Allow time for questions and personal reflection for this profound topic.
- Canvas participants to include cultural-specific beliefs around end of life and death from their personal/professional experience.
- Make sure to leave enough time at the end to acknowledge professional grief.

Optional Resource(s) for Facilitator Preparation

Grief and Loss:

Association of Death Education and Counseling: <https://www.adec.org/>

Hospice Foundation of America: [https://hospicefoundation.org/Grief-\(1\)](https://hospicefoundation.org/Grief-(1))

Hospice and End of Life Care:

Education in Palliative and End-of-life Care (EPEC): <http://bioethics.northwestern.edu/programs/epec/>

End-of-life Nursing Education Consortium (ELNEC): <http://www.aacnnursing.org/ELNEC>

National Association of Home Care and Hospice: <https://www.nahc.org/>

National Hospice and Palliative Care Organization: <https://www.nhpco.org/>