

**Primary Palliative Care Facilitator's Guide**  
**Module Eight: Advance Care Planning**  
**55 minutes**

**Module at a Glance**

Module eight offers a basic introduction to advance care planning terms, purpose and steps to consider when hosting advance care planning conversations as a clinician.

**Learning Objectives**

1. Describe the process of advance care planning (ACP).
2. Define and discuss framework discussions.
3. Identify your role in supporting patients and families with this process.
4. Become familiar with the tools available to assist patients and families in documenting care preferences.

**Session Materials**

- Module 8 Powerpoint
- Slide Projector
- Whiteboard, chalkboard or flipchart
- Consider bringing examples of advance directives and Physician Orders for Life-Sustaining Treatment (POLST) forms with you to share with participants.

**Facilitator Preparation and Tips**

- Initially assess learners for level of experience and understanding of material. Adapt to audience roles, site and understanding.
- Focus on discussion and individual groups' needs in terms of perception of ACP and experience in their unique work environment.
- Pace 55-minute session carefully, adapt exercises as needed.

**Optional Resource(s) for Facilitator Preparation**

- Brull J. Advance Care Planning: How to Have the Conversation You Want With Your Patients. *Fam Pract Manag.* 2019;26(6):18-22.
- Consider reviewing the website [www.prepareforyourcare.org](http://www.prepareforyourcare.org). This website is designed to empower people to make decisions, talk with providers and get medical care that is right for them. Prepare for Your Care walks people through the basic steps in advance care planning and provides prompts and videos to help them get started.