

Primary Palliative Care Education Facilitator's Guide

Module Six: Pain Management

55 minutes

Module at a Glance

This module provides introduction to the concept of “total pain”, discusses interprofessional roles related to the assessment and management of pain, and comprehensive pain management strategies.

Learning Objectives:

1. Discuss how a patient's biologic/psychosocial/spiritual/cultural identity forms their experience of pain
2. Identify helpful pain assessment tools
3. Describe a multi-modal approach to managing pain

Session Materials

- Module 4 Powerpoint
- Slide Projector
- Whiteboard, chalkboard or flipchart

Facilitator Preparation and Tips

- Review the powerpoint slides and notes ahead of the session
- Given there is some emphasis in this module on medical interventions eg medications and interventional pain procedures, it is advisable that at least one facilitator for this module be a provider e.g. MD or NP.
- Pace the 55-minute session carefully, adapt case study as needed
- Tailor conversation to individual learners and group

Optional Resource(s) for Facilitator Preparation

- Curseen KA, Taj J, Grant Q. Pain Management in Patients with Serious Illness. Med Clin North Am. 2020 May;104(3):415-438.