

**Primary Palliative Care Education Facilitator's Guide**  
**Module Three: Cultural and Spiritual Care**  
**55 min**

**Module at a Glance**

This module focuses on an introduction of various cultural and spiritual/religious/existential elements of caring for the seriously ill particularly related to screening for need. Facilitator notes are included in the powerpoint.

**Learning Objectives**

1. Appreciate the importance of the cultural and spiritual domains of palliative care
2. Become familiar with screening patients to identify cultural and spiritual needs and strengths
3. Understand how to provide basic support and other resources to address need

**Session Materials**

- Module 3 Powerpoint
- Slide Projector
- Whiteboard, chalkboard or flipchart

**Facilitator Preparation and Tips**

- Review the powerpoint and powerpoint notes ahead of the session
- Pace 55-minute session carefully, adapt exercises as needed.
- Initially assess learners for level of experience and understanding of material.
- Focus on discussion and individual groups' needs in terms of perception of palliative care and experience in their unique work environment

**Optional Resource(s) for Facilitator Preparation**

- Balboni T, Fitchett G, Handzo G et al. State of the science of spirituality and palliative care research part II: Screening, assessment, and interventions. *J Pain Symptom Manage.* 2017;54(3):441-453.
- Bullock K. The Influence of Culture on End-of-Life Decision Making. *J Soc Work End Life Palliat Care.* 2011;7(1):83-98.
- Cain, C. Surbone, A., Elk, R., Kagawa-Singer, M. Culture and Palliative Care: Preferences, Communication, Meaning, and Mutual Decision Making, *Journal of Pain and Symptom Management*, Volume 55, Issue 5, 2018, Pages 1408-1419.
- Steinhauser K, Fitchett G, Handzo G et al. State of the science of spirituality and palliative care research part I: Definitions, measurement, and outcomes. *J Pain Symptom Manage.* 2017;54(3):428-440.